

2025 FOOD ACCESS & RESOURCE GUIDE FOR SENIORS

Aging and Disability Resource Center (ADRC) of Jefferson County Nutrition Program

1541 Annex Rd. Jefferson, WI 53549

Phone: 920-674-8134

Information in this guide is subject to change without notice.

Please contact the organization directly to confirm hours, services and item availability.

UPDATED: 7/7/2025

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Worrying about dietary restrictions or having enough food is stressful. Regular nutritious meals are necessary for you to stay healthy. The following resources are here to help.

COUNTY AGENCY RESOURCES

Aging and Disability Resource Center (ADRC) of Jefferson County

Phone: 920-674-8734 or Toll Free: 1-866-740-2372

Website: <u>www.jeffersoncountywi.gov</u> Click on "Departments" and then "Aging & Disability Resource Center" under header <u>Human Services.</u>

Email: adrc@jeffersoncountywi.gov

Facebook: Jefferson County, Wisconsin

The Aging & Disability Resource Center's vision is to equip, empower and engage individuals living with disabilities, seniors and their caregivers, by connecting them with the supports and services in their community while honoring their ability to make informed choices.

Our mission is to help people achieve their goals by providing them with comprehensive information so they can make informed decisions, and advocacy support to ensure that they remain in charge of their lives.

Services offered: Information & Assistance, Options Counseling, Benefits Counseling, Elder Abuse/At Risk Reporting, Dementia Care Specialist. Let us help you find it!

ADRC of Jefferson County Aging Programs

Phone: 920-674-8734

Website: <u>www.jeffersoncountywi.gov</u> Click on "Departments" and then "Aging & Disability Resource Center" under header <u>Human Services.</u>

Services offered: Elder Benefit Specialists, Caregiver Supports, Health Promotion/Education, Nutrition (Senior Dining Centers and Home Delivered Meals), Transportation, Mobility Management.

SENIOR DINING CENTERS

ADRC of Jefferson County Senior Nutrition Program

The Nutrition Program serves in-person meals at various locations throughout the County. Meals are served around 11:30 AM. Reservations are required and must be made by 11:00 AM of the previous business day. For Monday meals, please call by 11:00 AM on Friday.

Meals provided contain 1/3 of the recommended daily intake for an adult. The menu is reviewed by a registered dietitian and then prepared by a local caterer. Meals are nutritionally balanced, and include an entree, sides, dessert & milk. Diabetic dessert options may be available upon request.

Menus are available at dining sites, in community newspapers, and on the Jefferson County Website. Menu is subject to change without notice.

- Please call the dining site manager at the numbers listed below for reservations.
- Eligibility Requirements: Anyone age 60+ or a spouse of any age.
- Meals are available on a contribution basis. Suggested Contribution is \$5.00/meal. No one will be denied meals due to the inability to pay.

Website: www.jeffersoncountywi.gov

Click on "Departments" and then "Aging & Disability Resource Center" under header <u>Human</u> <u>Services.</u> Then on left hand side, click Senior Dining.

Location	Address	Site Manager Phone	Dining Service Times
Fort Atkinson Senior Center	307 Robert St.	920-728-4756	Monday – Friday 11:30 am
Jefferson Senior Center	859 Collins Rd.	920-728-0259	Monday – Friday 11:30 am
Lake Mills Municipal Building	200 Water St.	920-728-6982	Tues, Wed, Thurs 11:15 am
Watertown Senior Center	514 S. 1 st St.	920-728-1210	Monday – Friday 11:30 am

The Nutrition Program is funded by Title III (Older Americans Act), The State of Wisconsin Bureau on Aging, and by contributions from participants, families, and other donors.

Jefferson County is an equal opportunity provider.

COMMUNITY MEALS

Jefferson County organizations offer weekly or monthly meals to members of the community who are in need. Many meals are free of charge or may accept donations. Please call organization about availability before attending.

Cambridge

Location	Hours	Eligibility
Senior Luncheons	2 nd Wednesday of	\$5.oo per meal.
	the month.	
https://cambridgecap.net/programs/		RSVP to Kerry at 608-423-8142
adult-activities/senior-luncheons/	Doors open 11:45	or foodpantry@cambridge.k12.wi.us

Fort Atkinson

Location	Hours	Eligibility
Abiding Shephard Lutheran	2 nd Tuesday of the	All are welcome, no registration
Church	month.	necessary.
1401 N. High St. Fort Atkinson	5:30 – 6:00 PM	
608-839-3770		
First United Methodist	Thursday	All are welcome.
"Feed your soul"		
	5:30 – 6:30 PM	
320 S. Main St. Fort Atkinson		
920-563-4903		

<u>Jefferson</u>

Hours	Eligibility
Meals served	All are welcome. Donations accepted.
weekly on	
Mondays.	
No Holidays.	
4·30 PM - 6·00PM	
1.50110 0.00110	
	Meals served weekly on Mondays.

LocationHoursEligibilitySt. John's Lutheran ChurchMeals servedAll are welcome. Donations accepted.Breakfastweekly onWednesdays.129 N. Watertown St. Johnson8:00AM- 10:00AM

<u>Palmyra</u>

Location	Hours	Eligibility
United Methodist Church	4 th Saturday of the	
	month.	
122 N. 5 th St. Palmyra		
	Time may vary.	
262-495-2540	Please call ahead	
	of time.	

Watertown

Location	Hours	Eligibility
Meal of Hope - Watertown Senior Center	3 rd Tuesday of the month	All are welcome.
514 S. 1 st St.	6:00PM	
Watertown Moravian Church	Meals served	All are welcome.
"Loaves and Fishes"	every Monday.	
	Curbside pickup	
510 Cole St. Watertown	of meals from	
	4:00pm to	
920-206-0222	4:45pm (NO	
	LATER) AND	
	Inside dining and	
	carry-out meals	
	from 4:00pm-	
	5:30pm	
Immanuel Lutheran Church	Meals served	All are welcome.
"Bread and Roses"	weekly on	
	Thursdays from	
209 N. Ninth St. Watertown	4:30 – 6:00 PM	
New location coming June 2024!		
920-261-1663		

FOOD PANTRIES

<u>Cambridge</u>

Location	Hours	Eligibility
Cambridge Food Pantry	Wednesdays	Call to make an appointment and
211 South St.	4:00 – 6:30 PM	for more information about
608-423-8142	By Appointment only**	eligibility.

Fort Atkinson

Location	Hours	Eligibility
Fort Atkinson Food Pantry 715 Jones Ave. 920-563-6992	Monday & Thursday 3:00-5:30 PM	May use 1x per month. Bring ID and proof of address. Place order online at: <u>https://fortatkinsonfoodpantry.org/</u>
St. Joseph's Church – Mobile Pantry 1650 Endl Blvd. 920-723-0672	2 nd Thursday of the month 2:00 – 4:00 PM	Second Harvest Parking Lot, Everyone Welcome, no ID required.

Ixonia

Location	Hours	Eligibility
Ixonia Food Pantry	2 nd & 3 rd Tuesday of the	Must live in Ixonia or Oconomowoc
First Baptist Church	month	School District.
N8346 North St.	12:00-7:00 PM	Bring ID, proof of residency and
920-262-0633		family size.

Jefferson

Location	Hours	Eligibility
Jefferson Food Pantry	Monday & Thursday	Must live in Jefferson School
164 W. Garland St.	1:00 – 4:00 PM	District.
920-674-6822		Proof of income required.
		Bring ID and proof of residency.
Ruby's Pantry	4 th Wednesday of the month	Register online at:
Jeff Co. Fair Park	4:30 – 6:30PM	https://www.rubys
503 North Jackson Ave.		pantry.org/location/140
920-674-5273		
		\$25 Copay

<u>Johnson Creek</u>

Location	Hours	Eligibility
St. John's Lutheran Church	Monday 10:00 AM – 12:00	Must live in Johnson Creek School
129 Watertown St.	PM	District. May use once per month.
920-699-2471	Thursday 10:00 AM – 12:00	Bring ID and proof of residency. If
	PM	schools are closed, the pantry is
	4 th Thursday 4:00 -5:00 PM	closed.

Lake Mills

Location	Hours	Eligibility
Lake Mills Food Pantry	Tuesday 8:30 – 10:30 AM	Must live in Lake Mills School
720 E. Lake St.	Thursday 5:00 – 7:00 PM	District. May use once per week.
920-945-0382	рс. рс.	Bring ID and proof of residency.
Sunrise Reach -Pop-up	3 rd Tuesday of the month	Must live in Lake Mills School
Pantry	Delivery: 3:45-4:30 PM	District.
Lake Mills	Pick up 4:00 -4:30 PM (back	Must register each month:
123 S. Main St.	patio of Sunshine Brewing	https://sunrisereach.org/food-
	Co.)	services/

<u>Palmyra</u>

Location	Hours	Eligibility
St. Matthew Lutheran	1 st & 3 rd Thursday 6:00 -	Bring ID and proof of residency.
Church	8:00PM	
313 Main St.	2 nd & 4 th Thursday 10:00	
262-495-4540	AM – 12:00 PM	
St. Mary's Catholic Church –	1 st Thursday of the month	Second Harvest
Mobile Pantry	3:30 PM	Everyone
919 W. Main St.		Welcome, no ID required.
262-495-2395		

Rome/Sullivan

Location	Hours	Eligibility
Rome Community Center	1 st Thursday 10:00 AM –	May use once per month. Bring ID
N3866 West St.	12:00PM	and proof of residency.
262-593-8646	3 rd Thursday 2:00 PM -4:00	
262-593-8745	PM	
	or by appointment	

<u>Waterloo</u>

Location	Hours	Eligibility
Waterloo/Marshall Food	Wednesday 12:00 -2:00 PM,	May use once per month. Bring ID
Pantry	7:00 -8:00 PM	and proof of residency.
117 E. Madison St.	Saturday 9:00-10:00 AM	100
(Waterloo)		
920-390-4252		
920-478-3335		
Waterloo/Marshall - Mobile	2 nd Monday of the month	Second Harvest
Pantry	3:30 PM	Everyone
623 Madison St. (Marshall)		Welcome, no ID required.
608-223-9121		

Watertown

Location	Hours	Eligibility
Watertown Food Pantry 204 N. 10 th St. 920-390-4252	Monday 10:00 AM – 12:00PM Tuesday 1:00 -3:00 PM Wednesday 12:00 -2:00 PM Thursday 3:00 -5:00 PM Friday 10:00 – 12:00PM	May use once per month. Bring ID and proof of residency.
Geno's Pantry 740 N. Church St. 920-342-2032	Thursday 9:00 AM – 12:00 PM	In partnership with FEEDING AMERICA
The Bread Basket – at YMCA Watertown 415 S. 8 th St. 920-723-3776	Monday 12:00 – 7:00 PM Friday 12:00 – 4:00 PM	South Parking Lot

Whitewater

Location	Hours	Eligibility
Whitewater Community	Wednesday, Thursday 8:30	Second Floor of the Old
Food Pantry	– 11:30 AM	Armory
146 W. North St.		Must live in the Whitewater
262-473-6120		School District.
262-473-4257		Bring ID and proof of
		residency.
The Community Space	Tuesday 8:30 – 11:00 AM	Food Pantry is open to
834 W. Milwaukee St.	Wednesday 3:30 -7:00 PM	everyone. No residency
262-379-0187	Saturday 8:00 AM – 12:00	requirements.
	PM	

**Food Pantries are generally closed on Holidays.

FOOD STOCK BOXES

The Commodity Supplemental Food Program (CSFP) works to improve the health of individuals at least 60 years of age by supplementing their diets with nutritious USDA commodity foods. CSFP is a USDA funded supplemental food program administered by the Department of Health Services.

Eligibility: Seniors age 60+ with a gross monthly household income that does not exceed \$1,362 for one person or \$2,215 to two people. Every 60+ member in the household is eligible to receive their own monthly stock box.

For more information, please call or email Community Action Coalition for South Central Wisconsin at 608-237-1255 or email: <u>cac@cacscw.org</u> More information on locations below:

Location	Hours	Eligibility
Jefferson Food Pantry	Monday & Thursday	All Jefferson County Seniors are
164 W. Garland St.	1:00 - 4:00 PM	eligible to receive Stock boxes
920-674-6822		from any pantry, no residency
		requirements.
Johnson Creek	Monday 10:00 AM –	All Jefferson County Seniors are
St. John's Lutheran Church	12:00 PM	eligible to receive Stock boxes
129 Watertown St.	Thursday 10:00 AM –	from any pantry, no residency
920-699-2471	12:00 PM 4:00 -5:00 PM	requirements.
Lake Mills Food Pantry	Tuesday 8:30 – 10:30	All Jefferson County Seniors are
720 E. Lake St.	AM	eligible to receive Stock boxes
920-945-0382	Thursday 5:00 – 7:00	from any pantry, no residency
	PM	requirements.
Watertown Food Pantry	Mon. & Fri. 10:00 AM –	All Jefferson County Seniors are
204 N. 10 th St.	12:00 PM	eligible to receive Stock boxes
920-390-4252	Tues. 1:00 -3:00 PM	from any pantry, no residency
	Wed. 12:00 -2:00 PM	requirements.
	Thurs. 3:00 -5:00 PM	
Watertown Senior Center	1 st Full week of month	Applications and distributions
Hunger Task Force -Stock	on Wednesday	occur monthly. Please call for
box		more information.

FOOD SHARE WISCONSIN

Food Share helps people with limited money buy the food they need for good health. Eligible recipients receive a Wisconsin QUEST card which is used like a bank card and can be used at any grocery or convenience store which accepts Food Share.

The maximum monthly income limit for a household of one is \$2,430 and for a household of two is \$3,288. To apply for Food Share or for more information, please call (888) 794-5780 or the Second Harvest Food Share Helpline (877) 366-3635.

If your Food Share (Quest) Card is lost or stolen, damaged, or you have questions regarding your balance, call (877) 415-5164 or apply online at access.wisconsin.gov.



A Recipe for Good Health

GROCERY STORES

What is Instacart? www.instacart.com

Instacart is an online grocery service company that works with local stores to deliver groceries to your door. Instacart employees shop for your items and deliver the groceries to your home.

Instacart requires a \$35 Minimum grocery purchase. Prices may be higher than in stores. There is a \$6.00 Service Charge plus \$7.99 for one hour delivery or \$5.99 for two hour delivery.

Please note:

- Most food items (but not all) are available online.
- Online prices may be higher than in store prices.
- Instacart may not accept EBT cards, Quest Cards, or Food Share.

Fort Atkinson

Store/Location/Phone #	Hours	Shopping Options
Festival Foods	Sunday – Saturday	Delivery: Yes, with 3 rd party
		(Instacart).
328 Washington St.	6:00 AM -10:00 PM	
		Pickup: Yes with Click N Go.
920-563-3531		www.festfoods.com/clickngo
		First 3 pickups are free, then
		\$3.95 after.
Pick 'n Save	Sunday – Saturday	Delivery: Yes, with 3 rd party
		(Instacart).
1505 Madison Ave.	6:00 AM -10:00 PM	
		Pickup: Yes, Pick 'n Save Pickup
920-568-2603		(aka Click list).
		www.picknsave.com
		First 3 pickups are free, then
		\$4.95 after.

<u>Jefferson</u>

Store/Location/Phone #	Hours	Shopping Options	
Piggly Wiggly	Sunday – Saturday	Delivery: No	
921 W Racine St.	7:00 AM -8:00 PM	Pickup: No	
920-674-3130			

Jefferson Cont.

Walmart	Sunday – Saturday	Delivery: No
1520 S. Main St.	6:00 AM -11:00 PM	Pickup: Yes, use Walmart.com to purchase online or with Walmart
920-674-2258		phone app. Min order of \$30. No extra fees.

Lake Mills

Store/Location/Phone #	Hours	Shopping Options
Lake Mills Market	Sunday – Saturday	Delivery: Yes,
		www.lakemillsmarket.com
375 W. Tyranena Park	6:00 AM -10:00 PM	
Rd.		Min. Order of \$40 required.
		Service is avail. M,W,F, Sat.
920-945-0526		
		\$5.95 Shopping Fee for Lake
		Mills Zip Code. \$7.95 Shopping
		Fee for Johnson Creek. \$10.95
		Fee for Deerfield and Cambridge.
		Pickup: No

<u>Palmyra</u>

Store/Location/Phone #	Hours	Shopping Options	
Jim & Judys Food Market	Tuesday – Sunday	Delivery: No	
	9:00 AM -6:00 PM		
117 Taft St.		Pickup: No	
	Monday		
262-495-2177	9:00 AM – 7:00 PM		

Sullivan

Store/Location/Phone #	Hours	Shopping Options	
Pickets Country Store	Monday - Saturday	Delivery: No	
2	8:00 AM -8:00 PM		
W1881 Sullivan, Wi		Pickup: No	
	Sunday		
262-593-5336	8:00 AM – 7:00 PM		

Waterloo

Store/Location/Phone #	Hours	Shopping Options
Piggly Wiggly	Sunday – Saturday	Delivery: No
810 Monroe St.	7:00 AM -9:00 PM	Pickup: Yes, \$5.00 Shopping Fee www.shopthepig.com
920-478-3088		Pay on-line or at pickup

Watertown

Store/Location/Phone #	Hours	Shopping Options
Aldi	Sunday – Saturday	Delivery: Yes, visit new.aldi.us to
1520 S. Church St.	9:00AM -8:00 PM	place an order.
888-464-4026		Pickup: Yes, visit new.aldi.us to place an order.
Pick 'n Save	Sunday – Saturday	Delivery: Yes, with 3 rd party (Instacart).
624 S. Church St.	6:00 AM -10:00 PM	(instation b).
920-261-8281		Pickup: Yes, Pick 'n Save Pickup (aka Click list).
		www.picknsave.com First 3 pickups are free, then \$4.95 after.
Piggly Wiggly	Sunday – Saturday	Delivery: Yes, with 3 rd party
1330 Memorial Dr.	6:00 AM -9:00 PM	(Instacart).
920-262-7449		Pickup: No
Walmart Supercenter	Sunday – Saturday	Delivery: No
1901 Market Way	6:00 AM -11:00 PM	Pickup: Yes, use Walmart.com to
920-261-7270		purchase online or with Walmart phone app. Min order of \$30. No extra fees.

HOLIDAY MEALS

Location	Hours	Eligibility
St. Joseph Catholic Church	CHRISTMAS DAY DINNER	All are welcome.
1660 Endl Blvd. Fort Atkinson	December 25 th	
920-563-3029	12:00 PM	
Johnson Creek Community	CHRISTMAS DAY DINNER	All are welcome.
Center		
	December 25 th	Donations Accepted.
417 Union St.		
	11:00AM -1:30PM	
920-728-2935		
Watertown Moose Lodge 830	THANKSGIVING DAY	Free community meal for those
	MEAL	who are alone or in need.
1222 Juneau St.		
	Carry out and Delivery	Preorder meals.
920-988-3579	from 10:30 AM – 12:30 PM	
Watertown-Beaver Dam Elks	CHRISTMAS DAY DINNER	Free for community seniors,
666		those without family and those in
	December 25 th	need.
920-261-5473		
		Delivery, pick up and dine in.
christmasdinner@elks666.org		
		Place order ahead

** Information about Holiday Meals is from years past. Information is subject to change. Call individual sponsors close to the holiday for more information.

HOME DELIVERED MEALS

If you have difficulty preparing meals on a regular basis, or have difficulty following dietary restrictions but still need something tasty to eat, see these options below. These meals can be delivered right to your door. Many of these companies prepare fully-cooked meals, simply reheat in microwave or oven.

Jefferson County ADRC

Location	Eligibility
ADRC of Jefferson County	Service Area: Most locations in Jefferson
Nutrition Program	County. Must be age 60+ and homebound.
-	No income requirements! Suggested
920-674-8134	contribution \$5.00 per meal. No eligible
	person is denied meals due to the inability
Must call to determine eligibility.	to pay. Meals are delivered Mon-Fri in most
	areas. Some exclusions apply.

Fort Atkinson

Location	Eligibility
Fort Health Care Meals on Wheels	Service area: only those who are within city
	limits of Fort Atkinson.
920-563-9085	
	\$4.00 per meal

Online or Statewide

Location	Eligibility
Chef's for Seniors of South-Central	Service area: Majority of Jefferson County.
Wisconsin	Some exclusions may apply. Chef visits and
608-844-8422	prepares food in individual homes. Cost is
	approx. \$129/visit + Cost of groceries, to
www.chefsforseniors.com/south-central-	prepare approximately 10-12 meals.
wisconsin	Exclusions apply based on menu selection
	and specialty diets. Choce of standard,
Melissa Burton – Owner	custom or non standard senior meals. Call
Melissa.burton@chefsforseniors.com	or see website for details regarding this
	program.
Factor 75	Gluten-free, soy-free. Not recommended for
	those with Celiac Disease (kitchen is not
888-573-5227	certified gluten-free).
Factor75.com	Meal cost: \$11 & \$15 per meal (\$60 to \$198
	per week) Shipping & handling: varies by
	location.

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Healthy Chef Creations	Gluten-free, soy-free, dairy-free, shellfish-
	free, vegetarian and vegan.
866-575-2433	
	Meal cost: varies by meal. Shipping &
healthychefcreations.com	handling: varies by meal.
Home Bistro	Heart-healthy, diabetic, low-sodium, gluten-
	free, lowcarb, vegetarian (meals based on a
Support@homebistro.com	Mediterranean dietless than 700 calories &
	800 mg sodium).
Homebistro.com	
	Meal cost*: starting at \$104 for 7 meals
	(cannot purchase individual meals).
	Shipping & handling: varies by dollar
	amount ordered. *Can only order online
Homestyle Direct	Low-fat, low-calorie, low-carb, low-sodium,
-	glutenfree, and renal-friendly.
866-735-0921	5
	Meal cost: \$6.95. Shipping & handling:
Homestyledirect.com	\$19.95 Family Care. Contact the Jefferson
	Co. ADRC for seasonal menu.
Magic Kitchen	Low-sodium, low-fat, diabetic, low-carb,
	renal friendly, dialysis-friendly, gluten-free,
877-516-2442	portion controlled, and senior special diet.
Magickitchen.com	Meal cost 7 days: 1 meal/day (\$82-\$90), 2
	meals/day (\$164- \$180), 3 meals/day
	(\$246-\$275). Shipping & handling: varies,
	discounts available.
Midwest Meals	A Wisconsin based meal prep company that
	offers fully cooked meals with a variety of
715-598-7733	menu selections. Menus include
	customizable, gluten free, dairy free,
https://midwestmeals.com/	diabetic friendly and more! Meals range
	from \$7-\$12. Shipping ~\$23.
	Order up to 28 meals per order. Meals can
	be frozen and re-heated at another time!
	Place your order online by Friday at
	midnight to be delivered the following
	week. Ordering operates on a weekly basis.
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Mom's Meals	Pre-made meal delivery service for Seniors. Mom's meals provide a variety of options
866-716-3257	such as Diabetic Friendly, Heart healthy
	(low sodium), Kidney Friendly, Cancer
www.momsmeals.com	Support, Gluten Free, Pureed, Renal and
	Vegetarian Meals.
	Meal cost: \$6.99 (Pureed meals: \$7.99)
	Shipping & handling: \$14.95 Family Care Order online or over the phone.
Runaway Spoon	Accommodations are available for some
	dietary restrictions, depending on weekly
920-624-CHEF (2433)	options (gluten free, nut free, and no raw
	onions). Option to select no starch and add
129 N. Broadway, De Pere WI 54115	extra veggies. Pick and choose meals
www.runspoon.com	(delivered at no cost).
	Cost between \$34-\$40 per meal. Full
	portions for two adults and available
	Mondays/Wednesdays (picked up or
	delivered 3p-6p). No contracts or obligation
	required.
Silver Cuisine by Bistro MD	Heart-healthy, diabetic, low-sodium, low-
	carb, glutenfree, menopause, dairy free,
844-404-FOOD (3663)	vegetarian
Silver.bistromd.com	Meal cost: starting at \$6.49-\$12.49 (varies
	by meal) Shipping & handling: \$19.95

Other options:

1) If you can prepare a meal, but have difficulty planning/shopping for ingredients, try companies that ship fresh ingredients for a menu of meals. (Blue Apron, Hello Fresh, and Home Chef are just a few examples.)

2) Grocery stores carry a variety of low-cost, nutritious, specialty-diet, frozen meals in the frozen foods section.

3) Meals prepped by Amy in Green Bay Wisconsin prepares ingredients in a Ziploc bag which are then frozen and ready to put in the crock pot, oven or on the Grill etc. Amy provides shipping for those who are not nearby. Visit: <u>www.mealspreppedbyamy.com</u> for more info or email her at <u>MealsPreppedbyAmy@gmail.com</u>

4) For shelf-stable foods (meaning meals are not pre-cooked), contact CPI Foods (800-549-9630, cpifoods.com). Meals start at \$5.95.

5) Kwik Trip has a variety of homemade meals that you can reheat and enjoy. Watch for deals on the Kwik Trip ads and mobile app.

SEASONAL RESOURCES

SENIOR FARMERS MARKET NUTRITION PROGRAM (SFMNP)

Senior Farmers Market Vouchers

Location	Eligibility
ADRC of Jefferson County	Jefferson County residents age 60 or older
920-674-8734 or 866-740-2372	(Native Americans age 55 or older) with certain income requirements may receive vouchers. Each eligible person may receive vouchers only
See Website for more details.	once per year. Distributed annually, starting in June. Check ADRC website for additional details. Voucher packet, 1 per individual annually to purchase approved, locally grown vegetables, fruits, and herbs at approved farmers markets.
	*Availability, eligibility, and dollar amount may vary based on federal approval. Please call the ADRC for income guidelines on or around June 1 each year.
Farmers Market Vouchers are distributed can be used is October 31 each year.	on a first come, first serve basis. The last day vouchers

FARMERS MARKETS & ROADSIDE STANDS

Jefferson Co. and Surrounding Area

** Verified as approved Farmers Market Stand by DHS (accepts WIC & SFMNP Vouchers)

Location	Information
**Fort Atkinson Farmers Market	June 4 – October 26
19 Milwaukee Ave. East (Across from Post Off.)	Saturday 8:00 AM – 12:00 PM
**Lake Mills Farmers Market	May 1 – October 23 ** Closed June 26
100 N. Main St. (Commons Park)	Wednesday 2:00 PM – 6:00 PM
Carol Loefer Farmstand	July 24 – October 31
Main St., Palmyra	Sat-Sun 11:00 AM – 4:00 PM
**Watertown Farmers Market	May 7 – October 31 ** Closed August 6
850 LaBaree St. (Riverside Park Parking Lot)	Tuesday 7:00 AM – 12:00 PM
** Wang Dao Vang Farmstand (Dodge County)	May 4 – October 27
W5553 Hancock Rd. Watertown, WI	Sun: 10:00 AM – 2:00 PM Tuesday: 7:00 AM – 6:00 PM Saturday: 9:00 AM – 2:00 PM
** Maynard Pribbenow Farm Stand	Sept 1 – October 31
N9660 Peschel Rd. Waterloo, WI 53594	Wednesday 10:00 AM – 5:00 PM Friday 10:00 AM – 5:00 PM
** Meyer's Farm Market (Rock Co)	July 1 – October 31
1329 E M-H Townline Rd., Milton	Daily: 9:00 AM – 6:00 PM
**Skelly's Farm Stand (Rock Co)	July 10 – August 31
500 N Main St. Edgerton, WI (Next to Kwik Trip)	Daily 10:30 AM – 5:15 PM
**Skelly's Farm Stand (Walworth Co.)	July 10 – August 25
1138 Main St. Whitewater, WI (BP gas parking lot)	Daily 10:30 AM – 5:15 PM
**Whitewater City Market	May 2 – October 31 * Closed July 2
301 Whitewater St. (Around Historic Train Depot)	Tuesday 4:00 PM – 7:00 PM
**Whitewater Farmers Market (Saturday)	May 4 – October 26
301 Whitewater St. (Next to Historic Train Depot)	Saturdays 8:00 AM – 12:00 PM

GARDEN PLOTS

Location	Eligibility
Rock River Community Gardens	This garden will provide people that may have
	limited outdoor space an opportunity to grow
200 W. Riverview Dr. Jefferson, WI 53549	their own fresh food and enhance their health at
	the same time.
920-674-7720	
	Individual plots are approximately 10 X 10 in
	size. Yearly rental fee is \$15.
	Must be responsible in keeping garden clean.

Information provided by the Jefferson County Aging & Disability Resource Center Nutrition Program.

<u>This may not be an all-inclusive list of resources</u>. If you know of other options in the community please send information to <u>tmarch@jeffersoncountywi.gov</u>. Jefferson County reserves the right to decide whether or not the information provided will be included.

The information contained in the Jefferson County Food Resource Guide should in no way be construed to constitute an endorsement of a company, organization, or its service; nor should exclusion be construed to constitute disapproval. Jefferson County Aging and Disability Resource Center does not support or endorse the businesses and/or agencies, services or products listed in the publication.